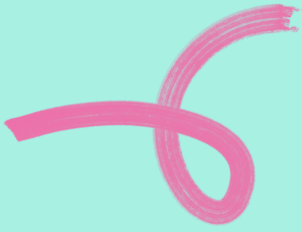


# Kids Hull Befriending

## Carers Supporting Carers

Free emotional support for parents/carers who are adjusting to the news of their child's disability or who are experiencing feelings of isolation and loneliness.





## How does the service work?

This service is delivered by a team of trained volunteer befrienders. Every befriender is a parent/carer too – someone whose own child has a disability.

Parent/carers are matched with befrienders whose child has a similar disability. Befrienders are then able to understand and empathise because of their shared experience.

## How to access this service:

Self referral by parents/carers or third-parties with consent.

[www.kids.org.uk](http://www.kids.org.uk)

[hullbefriending@kids.org.uk](mailto:hullbefriending@kids.org.uk)

(01482) 467540

