

# IMPACT

# REPORT

# 2022



**TIGERS TRUST**  
IN THE COMMUNITY



Premier League  
**Primary Stars**

# ALEX LISNEY

## Partnership Manager – Primary Stars

It's been nice to have a bit more normality back in the 21-22 academic year for the first time in what feels like a long time. Schools and staff have embraced our new delivery model, meaning there is so many more opportunities for the Trusts staff to have a positive impact.

Highlights for me this year have come in welcoming over 400 students to our arena in April for Move More Month, reaching the finals of CUP26 with our environmental delivery in Planet Super League, and giving out more than 500 free books as part of our world book day event.

I wanted to thank all our partners for allowing the program to grow and continue to make a difference with our targets for the next 3 years bigger than ever before. I can feel the buzz in the staff team for the next challenges, with the needs of schools and pupils ever changing we aim to adapt to meet these whilst keeping our core elements of health and PE.

# CONRAD ARNOTT

## Primary PE & Sport Officer

It has been another fantastic year of working with the children and staff of Sidmouth Primary School!

Through our new structure, we have had the chance to have an even bigger impact than ever with participants that we work with. Whether this has been through PE lessons or classroom based sessions, every child in the school has had the chance to develop and most of all, have fun!

After our best year yet, we're excited to get started again next year with all of our partner schools.





# SOPHIE BENSTEAD

## PE COORDINATOR

The Tigers Trust have worked within our school for a number of years now, meaning that the coaches have built up positive working relationships with staff and children alike. The lessons are really well structured and the learning is progressive. This allows the children to make good and clear progress. The coaches and staff from Tigers Trust are extremely supportive and are very well organised. They cannot do enough for us as a school and we really enjoy working with you.

The children always enjoy the lessons and get really excited when it is their classes turn to work with the coaches! Not only do they provide excellent lessons but also help with extra-curricular clubs. Again, these are always well thought-out and are planned with the children at the heart of the lessons and learning. Thank you to the team for all of your support.

# REBECCA HYDE

## TEACHER

The offer we have had this year from Tigers Trust has not only helped the children physically but also socially and educationally. Conrad and his team have done an excellent job in supporting the setting up of our year 5/6 play leaders.

They have also built up good relationships with children in the classroom during the morning session. All of the Tigers Trust staff are proactive and interact well with the children at playtime and lunchtime. The children thoroughly enjoy their PE lessons with Tigers Trust, helping them to develop their teamwork, confidence and independence. We look forward to continuing to work with Tigers Trust next academic year.



# LESSON DETAILS

Within the 2021-22 academic year the Tigers Trust has worked closely with 207 students and 9 members of teaching staff at Sidmouth Primary School. Over the year we have been delivering sessions with 9 classes in 7 different year groups. In half term one we looked at developing the basic skills needed in football with Year 2. These skills included movement with and without the ball, teamwork, creating spaces and attacking and defending principles. This resulted in us playing some football matches in the final week to put their skills into practise.

In half term 2 we started looking at tag rugby with Year 3 and 4. We worked on how defend individually and as a team, how to create spaces for yourselves and others and throwing and catching. As well as this, we looked at rules specific to rugby such as scoring a try, passing backwards, knock ons and how we tag.

When returning in half term 3, we worked with year 6 and again worked on football. As well as working on the basic principles we worked on with year 2, we also looked at more advanced skills such as defending as a unit and 1v1, using numerical advantages to overload, shielding the ball from an opponent and how to manipulate the ball to create spaces.

During half term 4 and 5, we worked with Foundation, two Year 1 classes and a Year 2 class with a focus on multi skills. Sessions focused on a variety of sports with the focus on playing against other teams, getting into their territory and scoring points. We looked at skills that can be transferred across many sports, such as creating and using space, teamwork and basic attacking and defending principles.

In half term 6, we worked on multi skills again, this time with Year 5. We looked at similar skills that younger year groups had worked on the previous half terms; however we looked at more advanced parts when defending and attacking, such as overloads and underloads, as well as the importance of working as a team in a shape.

# OUR IMPACT

The Impact of our activities in school during this year is shown below:

- 79% pupils said their confidence or ability in PE had gone up since working with the Tigers Trust.
- 150 pupils have attended afterschool clubs with, which equates to 900 hours being delivered
- 100% of teachers who have had CPD marked in increase in at least one area of their knowledge or skills.

# CASE STUDY

This year, we have worked alongside Sidmouth Primary to offer a range of active maths sessions to pupils in every year group on a Tuesday morning. Sessions have been adapted to what the children were working on in the classroom, such as basing lessons around number bonds and times tables with year 1 to working on factors, division, and larger number times tables with year 6.

Over the 6 weeks we have worked with each class, we have seen a huge impact with both groups and individual children we have worked with. Some children seemed nervous to join in, with a few mentioning that they “aren’t very good at maths”, showing a lack of confidence.

Working towards familiar subjects of what the children have been learning in the classroom and taking part in the games has meant that a lot of the children who would usually struggle to get motivated for maths lessons were enthusiastic when taking part and were looking forward to their next lesson with us. The children have carried that attitude to learning back into the classroom, which has meant they have shown more confidence and willingness to take part in their usual lessons.

However, through seeing how much the other pupils were enjoying the games and from our coaches working with any pupils individually who may be struggling, all children had the chance to take part and learn in the activities that took place.

When speaking to Miss Hyde about the impact the active maths sessions have had, she said: “Yesterday, we had a child in Year 3 who hasn't attended school the last few Tuesday mornings as he was extremely anxious (as he hasn't attended one before) about the 'Active Maths' sessions led by Tigers Trust. When I brought the child down to watch the session yesterday, I introduced him to Conrad. He welcomed the child and took him to the side and explained to him what the rest of his class were doing at that point and the instructions for the game. He was extremely kind and encouraging. As a result, the child, who was initially reluctant to join in, said that it looked like fun and wanted to join a team for the rest of the session. Conrad acknowledged his efforts by giving the child a sticker for his involvement. The child said to me at the end of the session that he is really looking forward to Active Maths next week now!”

The class have been a pleasure to work with and it has been enjoyable seeing them grow both in sporting ability and in their maths throughout the sessions. Well done to all the classes involved, we look forward to delivering some more maths sessions with you in the future!



# ADDITIONAL ENGAGEMENT

As well as their weekly PE lessons, children at Sidmouth Primary have had the opportunity to take part in many extracurricular clubs run by the Tigers trust. At dinner time on a Tuesday, we have run many different clubs on the playground. In half term 1 we ran a football club for years 5 and 6 and half term 2 included us delivering multi skills for years 1 and 2. During these clubs, children had a chance to improve their skills such as teamwork, passing, dribbling, attacking and defending principles, whilst also having the chance to apply this into match situations through different sports.



During half term 3, we delivered a 6 week Playleaders programme with 21 students in years 5 and 6 across 2 groups. Children learnt how to communicate and lead groups of other children, whilst planning sessions that others could take part in. This meant that during half terms 4, 5 and 6, the Playleaders delivered sessions to small groups of children on the playground, using what they had learnt to deliver fun, safe and engaging games.

We have also provided 3 different after school clubs throughout the year. In half term 1, we delivered a multi skills after school club for year 2. We then worked with year 3 and 4 in half terms 2 and 3 to run a football club. During half terms 4, 5 and 6, we ran a multi sports club with year 3 and 4 again. During these sessions, we focused on learning the skills and rules needed for each sport the children were involved in, whilst allowing children to put these into game situations on the last week to show off what they have been learning.

Pupils from Sidmouth primary also had the opportunity to take part in active maths sessions with Tigers Trust staff. This involved pupils taking part in maths sessions outside of their usual classroom environment, either on the playground or in the hall. The sessions incorporated subjects that the children had been working on in their usual lessons, such as number bonds, times tables or division and allowed children to learn in a different way and have fun whilst doing so.

During the morning of Tuesday 14th June, Tigers Trust staff spoke to children in years 5 and 6 regarding careers in sport. This involved 3 30 minute workshops, explaining the opportunities in sport and at the Tigers Trust for children who may want to get involved in the sector in the future.

On a Friday afternoon during half term 1, we delivered a 6 week programme with a year 5 class focusing on Planet Super League. This 6 week programme allowed the children to learn about climate action and some fun activities they could do to be greener. Many students took part in the activities and posted photos to the Planet Super League website!

Lydia in year 5 has been involved in many of the clubs we have run during the year, as well as the Playleaders and Planet Super League programmes. When asked about the impact the activities have had on her, she said "I have really enjoyed the games we have played in clubs and being a Playleader has meant that I have done more games. I liked Planet Super League and I now turn off my lights a lot more at home."

## TEACHER CPD

Whilst working at Sidmouth, we worked with 12 different members of staff throughout the year. All teachers who took part were fully involved in all of their sessions and were introduced to new sessions, warm ups and assessment techniques for them to use in their own lessons when teaching PE.

After handing out questionnaires to teachers that we work with at both the start and end of a half term, 9 teachers had shown an improvement when asked whether "they know how to plan effective PE lessons", 6 teachers had shown improvement when asked if they have the "skills to plan effective PE lessons", and 10 had shown improvement when asked whether they "feel confident teaching PE".

When speaking to Sophie Benstead, PE Coordinator at Sidmouth Primary, she said-

"We keep having them back into the school as the staff takes so much away from the CPD side, as well as the children gaining some invaluable experience"

Well done and thank you to all of the staff we worked with!





# TIGERS TRUST

IN THE COMMUNITY

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